

Hub & Spoke System Grantee Profile: Tarzana Treatment Centers



The California Hub & Spoke System (CA H&SS) is a component of the California Medication Assisted Treatment (MAT) Expansion Project, and is being implemented as a way to improve, expand, and increase access to MAT services across the state. Each CA H&SS consists of a “Hub” that serves as the addiction center of expertise, and multiple “Spokes” that act as clinical service providers.

About:

Tarzana Treatment Centers, Inc. (TTC) Hub and Spoke System aims to expand access to Medication Assisted Treatment (MAT) for all individuals with opioid addiction in Los Angeles County, especially Medi-Cal beneficiaries and the under- and uninsured. TTC, a Narcotics Treatment Provider (NTP) for more than twenty years has partnered with Federally Qualified Health Centers (FQHCs), substance use disorder treatment providers, mental health service agencies, correctional facilities, hospitals, and other community-based service providers throughout Los Angeles to establish a comprehensive network of office-based opioid treatment provider.

AT THIS HUB & SPOKE SYSTEM:

✓ Treatment Available for H&SS Patients:

- Counseling Services
- HIV and Hep C Testing
- Case Management
- Recovery and Peer Support Services
- Physician Services
- Drug Testing
- Re-Entry services
- Neonatal abstinence syndrome treatment program
- Fentanyl Test Strips

✓ Medication Available for H&SS Patients:

- Acamprosate
- Buprenorphine
- Disulfiram
- Methadone
- Naltrexone
- Naloxone (Narcan Nasal Spray)

✓ Counties Served: Los Angeles

✓ Total Projected Number of H&SS Patients Served Over Two Years at All Sites: 1,032

RESOURCES

bit.ly/MATexpansion

FOR MORE INFO AND/OR TO BECOME A PRESCRIBER

www.uclaisap.org/ca-hubandspoke/

TO PARTICIPATE IN TRAININGS



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Tarzana Treatment Center Spokes



Tarzana Treatment Center H&SS Contact Information:

Dr. José C. Salazar
jsalazar@tarzanatc.org
818-654-3816

Hub Website:
<https://www.tarzanatc.org/>

- **Antelope Valley Community Clinic.**
2151 East Palmdale Boulevard Palmdale, CA 93550
45104 10th Street West Lancaster, CA 93534
- **Bartz Altadonna Community Health Center**
43322 Gingham Avenue, Ste 105, Lancaster, CA 93535
- **Los Angeles Centers for Alcohol and Drug Abuse**
11015 Bloomfield Ave., Santa Fe Springs, CA 90670
470 E. 3rd St, Ste. A&B, Los Angeles, CA 90013
6838 Sunset Blvd., Los Angeles, CA 90028
10425 Painter Ave., Santa Fe Springs, CA 90670
11121 Bloomfield Ave., Santa Fe Springs, CA 90670
- **Los Angeles LGBT Center**
1625 N. Schrader Blvd, Los Angeles, CA 90028
- **Mission City Community Network, Inc.**
8527 Sepulveda Blvd, North Hills, CA 91343
15206 Parthenia St., North Hills, CA 91343
8363 Reseda Blvd. Ste. 11, Northridge, CA 91324
10200 Sepulveda Blvd. #300A, Mission Hills, CA 91345
8771 Van Nuys Blvd., Panorama City, CA 91402
9919 Laurel Canyon Blvd., Pacoima, CA 91331
- **Northeast Valley Health Corporation**
6551 Van Nuys Blvd., 2nd Floor, Van Nuys, CA 91401
- **Prototypes - A Program of HealthRight 360**
2650 E. Foothill Blvd, Pasadena, CA 91107
2555 E. Colorado Blvd, Ste. 308, Pasadena, CA 91107
837 E. Arrow Highway, Pomona, CA 91767
831 E. Arrow Highway, Pomona, CA 91767
845 E. Arrow Highway, Pomona, CA 91767

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INNOVATIONS

Telehealth: Tarzana Treatment Centers (TTC)'s telehealth program allows for patients in residential treatment programs to visit with offsite providers without leaving the building. Outpatient clients can additionally utilize telehealth video conferencing to meet with TTC providers from the comfort of their homes or from other service provider sites. Each patient is provided a secure account to access the system as needed. Patients are able to meet remotely with the MAT team or with off-site licensed mental health professionals over the internet. TTC is using MAT Expansion Project funds to cover the cost of hiring a Telehealth/Telemedicine IT Technician to help manage and coordinate telehealth activities and to provide IT support to the Spokes. Funding is also being used to costs for procuring necessary hardware, software, and licenses.

Bridge Device. TTC is offering patients the NSS-2 BRIDGE Device. The device is a Percutaneous Nerve Field Stimulator system, FDA cleared to be used as an aid to reduce the symptoms of opioid withdrawal through application to branches of Cranial Nerves V, VII, IX, X and the occipital nerves identified by transillumination.

Virtual Reality Group Therapy. TTC staff interlace evidence-based practices with high-quality Virtual Reality simulations, which are complimentary to current treatment and designed to teach coping skills and relapse prevention. The VR support group delivers a platform designed to build communities by allowing patients to access gamified coping methods/activities for better integration into daily lives, discussion boards, joint projects, stress management VR tools/simulations and VR recovery group therapy. Providers at TTC have visibility on all communication and will be able to monitor which VR experiences and groups have been completed or attended. This allows MAT care providers to develop performance measures to assess progress and account for a lack of available data to use the information to improve management and develop strategic plans for expanding access to evidence-based treatment with MAT under a chronic care model leveraging VR.

Internal H&SS SharePoint Site. A CA H&SS SharePoint site is being created and maintained to assist Hub and Spoke staff members collaborate on tasks and schedules required for the program.

Social Networking. Community outreach consists of leveraging TTC's social media presence, including Facebook and Twitter, to inform the community on CA H&SS services. The social media services will advertise H&SS services through TTC's and partner agencies' Facebook pages and Twitter account. The social media pages will include information to help decrease stigma among individuals who receive OUD services. These services will also educate the community about the availability and effectiveness of expanded MAT services.